

2003
Greater Seattle Senior Games



JUNE 20 – 22, 2003

Basketball

Badminton

Bowling

Lawn Bowling

Pickleball

Celebration of Athletes



Swimming

Table Tennis

Tennis

Track & Field (*June 7*)

Volleyball

SPONSORED BY:

Seattle Parks & Recreation (206) 684-4951

Greater Seattle Senior Games (425) 743-1752

www.cityofseattle.net/parks/Seniors/games.htm

WELCOME

The Seattle Parks and Recreation extends a personal invitation to you to participate in the 2003 Annual Seattle Senior Games (GSSG). Our purpose is to promote physical fitness, good health, and a competition among older athletes. This event is sanctioned by the Washington State Senior Games Association and the National Senior Games Association.

In the spirit of competition and good sportsmanship, we wish everyone the best of luck and hope that you enjoy the 2003 Games!

ELIGIBILITY:

Open to men and women who do not gain livelihood from competing in the sport entered. Participants must be 50 and over by June 19, 2003, except Swimming which is determined by your birthdate as of December 31, 2003.

AGE DIVISIONS:

*Age division for competition is in five (5) year increments: (i.e., 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80-84, 85-89, 90+) for Badminton, Basketball, Bowling, Lawn Bowling, Pickleball, Swimming, Table Tennis, Tennis, and Track & Field.

* Exceptions are Doubles and Team Sports.

The age of the youngest player determines the Age Division. The Greater Seattle Senior Games reserves the right to combine age categories or to cancel events due to lack of entrants.

REGISTRATION FEE:

Registration fee for the Greater Seattle Senior Games is \$10.00. There will be a Late Registration Fee of \$20.00 if registered between May 24-30. NO REGISTRATIONS ACCEPTED AFTER MAY 30th. You may enter as many sports as desired. There is a \$5.00 participation fee for each event entered, except Track & Field. Track & Field event fees are \$4.00 per event paid the day of the event. These fees cover a Greater Seattle Senior Games Gift Package and Awards. There are additional fees for Bowling and Lawn Bowling (See Facility Fees). Mail Entry Form along with a check or money order covering all fees payable to: **Senior Adult Advisory Council**. Your Registration Packet will be at the venue of your first event.

* Note: Scholarship funds are available to help with Registration Fees.

For more information call Seattle Parks and Recreation at (206) 684-4951

FACILITY FEES:

An additional fee will be charged for the following events:

Bowling: \$5.00 per set to be paid at the site. Shoes are available at no charge.

Lawn Bowling: \$5.00 per set to be paid at the site. (\$2.00 of this goes towards prize money, the remainder is for maintenance costs, mowing, rolling, etc.) Jefferson Park will supply bowls, if needed.

REFUNDS:

NO Refunds after draws are done. Refunds will be made in case of event cancellation.

SCHEDULE / TIME CONFLICTS:

Check the schedule to avoid conflicts. If entering more than one sport, athletes are encouraged to choose the sport of most interest to them. If possible, times may be adjusted to avoid conflicts, but this cannot be guaranteed. In case of inclement weather or unusual circumstances, the GSSG Officials reserve the right to delay, postpone, or cancel any event.

EQUIPMENT:

Athletes are required to supply their own equipment for events entered.

AWARDS:

1st, 2nd, and 3rd place medals will be presented in each event.

CELEBRATION OF ATHLETES:

Scheduled for June 21st from 5:00 – 6:00 p.m. at Southwest Community Center buffet, music, and door prizes (you must be present to win!)

EVENT DESCRIPTIONS:

Event confirmation WILL NOT be mailed for any sport.

Recognized Official Rules in each sport will be followed and enforced.



Track & Field: June 7 (NEW Time Schedule Below)

West Seattle Stadium (<http://www4.cityofseattle.net/parks/Seniors/games/track.pdf>)

Commissioner: Ken Weinbel

(206) 938-3895

Commissioner Bio: Ken Weinbel is a track and field expert, having coached at the college level for 25 years, retiring from Dartmouth in 1979. He was the National Chair of USA Track and Field Masters. He competes in Masters and holds several world and national records (such as the national hammer and weight throw). USAT&F is developing a partnership with the Senior Games.

Event Information: Athletes may enter as many events as desired.



Badminton: June 20, 21

Chief Sealth High School (2600 SW Thistle St.)

Commissioner: Joyce Jones

(425) 743-1752

Commissioner Bio: Joyce Jones is an avid badminton player, having won 200 national, international, and world titles. Joyce has played in virtually all the National Senior Games (Senior Olympics) including St. Louis, Tucson, Baton Rouge, and Orlando.

Event Information: All matches governed by USA Badminton. Tournament format determined by number of entries. Consolation in all events. Shuttlecocks will be provided. Participants must provide their own racquet. Call Commissioner for starting times after June 17th between 4:00-10:00 pm.



Lawn Bowling: June 20 (21, if needed)

Jefferson Park Lawn Bowl

Commissioner: Wally Meyers (206) 243-1007 / Event Commissioner: Howard Syder (206) 833-5361

Commissioner Bio: Howard Syder is originally from the United Kingdom but a resident of the Seattle area since 1967. Howard is the current President of the United States Lawn Bowling Association, NW Division. Howard also serves as a Board Member and Games Chair at the Jefferson Park Lawn Bowling Club.

Event Information: Mixed only (1 man & 1 woman) Rules per USLBA. Classed as Pennant Play (each team will play 2 games). Winners determined on following basis: 2 points for a win, 1 point for a tie. If teams are still tied, the winner will be determined as follows: 1) Head-to-head result, 2) Plus points, maximum 5 per game, 3) Total plus points. Bowlers must wear flat-soled shoes, no heels of any sort. White clothing preferred. Participants need to be there by 9:30 a.m. One game before lunch and one game after. The games will be of 14 ends each. **Bowls will be available.**



Pickleball: June 20, 21, (22, if needed)

Chief Sealth High School (2600 SW Thistle St.)

Commissioner: Barney & Fran Myer

(206) 526-5523

Commissioner Bio: Barney Myer is a 17 year pickleball veteran. He and Fran (President of Pickleball Stuff.com) run a website that carries a lot of pickleball news and sells equipment for the sport all over the U.S. and abroad.

Event Information: Matches to consist of best 2 out of 3 games to 11 points. Consolation for first round losers. Match losers may be required to serve as Referee for next match. Players may enter maximum of three (3) events. Play equipment will be provided, but you must bring your own regulation paddle. Check in 15 minutes prior to the match. Play will start at 9:00 a.m.

NOTE: There will be two Divisions: ("A") Tournament players and ("B") Recreation players. In Doubles and Mixed Doubles you must enter in the Division of the "strongest/youngest" player.



Tennis: June 20-21, (22, if needed)
Chief Sealth High School (2600 SW Thistle)
Commissioner: Don Jones (425) 743-1752

Commissioner Bio: Don Jones has served as president of the Greater Seattle Senior Games since November 1998. A Spokane native, he has long been interested in reviving the Senior Games. He officiated basketball and football for 28 years, and umpired baseball for about 10 years. He has played in badminton tournaments for 40 years and played tennis for 20 years. Don owned, via partnership, the Gallery Racquet Club from 1975-1995 and now plays tennis almost daily. He also plays some pickleball and thoroughly enjoys running his opponents around the court! Don believes “the friends you make being involved in athletics are more important than whether you win or lose”.

Event Information: Matches will be the best 2 out of 3 sets with a 12-point tiebreak. Regular scoring. There will be a consolation round for first round losers. After June 17th you may call (425) 743-1752 between the hours of 4:00-10:00 p.m. for your starting times.



Basketball: June 21
Chief Sealth High School (2600 SW Thistle St.)
Commissioner: Don Jones (425) 743-1752

Commissioner Bio: Don Jones was a basketball official for 28 years. He officiated for many officiated for many of you he hopes will enter this year.

Event Information: Call commissioner for starting times after June 17th between 4:00-10:00 pm.



Bowling: June 21
West Seattle Bowl (4505 - 39th Ave. SW)
Commissioner: Andy Carl (206) 932-3731

Commissioner Bio: Andy Carl has been involved with bowling for 21 years, the last 8 years as a Bowling Proprietor. He has received Honor Score Awards for 300 Games and is actively involved in the Turkey Bowl, a fundraiser for seven local charities..

Event Information: There will be two squads. All games bowled scratch. Prize money will be awarded. Starting times as follows: 11:00 a.m. for singles division; and 1:00 p.m. for doubles division.
Additional cost is \$5.00 per set to be paid to the West Seattle Bowl.



Swimming: June 21
Southwest Complex Pool (2801 SW Thistle)
Commissioner: Perry Dolan (425) 889-9064

Commissioner Bio: Perry Dolan was named 1958 High School All American for Swimming, a Pan American Games participant in Bogota, Columbia in 1959, attended the 1960 US Olympic Trials for Rome Olympics, coached swimming from 1962-64, Chief Starter for the NCAA and PAC 10 for several years, Chief Starter for WA State Senior Games, 2001-2002, swam in same in 2002, 5 golds/1 silver, named Commissioner of Swimming for WSSG, and member Board of Directors, WSSG.

Event Information: Athletes may enter as many events as they wish.



Table Tennis: June 21

Chief Sealth High School (2600 SW Thistle St.)

Contact Commissioner: Norm Ward (206) 522-8805

Day-Of Commissioners: Gennady Shpreyregin, (206) 367-4517

Commissioner Bio: Gennadiy Shpreyregin is a former National Russian Table Tennis Champion. This five time republic champion and national champion of Russia was also a table tennis coach for 12 years, producing several champion players.

Event Information: Singles for Men and Women. Doubles Teams may be Men, Women, or Coed. Play will be governed by USATT Guidelines. Draws will be determined by the number of entries. Games are played to 11 points, best of three (5) games. Limit two singles and two doubles. Play starts at 10:00 am.



Volleyball: June 21

Delridge Community Center (4501 Delridge way SW)

Commissioner: Mary Olson (425) 776-6070

Commissioner Bio: Mary Olson has lived in Edmonds for 48 years. She enjoys sports as both a participant and as a spectator. Mary started playing senior volleyball in 1990 and then took up tennis. She enjoys the competition, exercise, and camaraderie.

Event Information: Competition will be governed by the USVB Association. Rally Scoring will be used for all games. Rosters are limited to 10 players. Format determined by the number of entries. \



Celebration of Athletes: June 21

5:00 – 6:00 p.m.

Southwest Community Complex (2801 SW Thistle)

A fun get together for all participants and families.

Buffet, music, and door prizes (you must be present to win!)

Dignitaries will be in attendance and some participating athletes will be honored.

* * * * *

**The Seattle Parks & Recreation would like to extend a heartfelt ‘THANK YOU’
to the following organizations for their support and commitment to
senior athletes:**



***SEATTLE PARKS & RECREATION**

***WEST SEATTLE BOWL**

***JEFFERSON PARK LAWN BOWL**

*** SEATTLE PUBLIC SCHOOL**

*** DELRIDGE COMMUNITY CENTER**

*** SOUTHWEST COMMUNITY CENTER**

***GENERATION II USA, INC**

WASHINGTON STATE SENIOR GAMES: In Olympia on July 25-27, 2003

P.O. Box 1487, Olympia, WA 98507-1487

(360) 413-0148 - Hotline

www.pugetsoundgames.com

**GREATER SEATTLE SENIOR GAMES
(GSSG)
OFFICIAL ENTRY FORM**

Mail To: Senior Adult Programs
8061 Densmore Avenue North
Seattle, WA 98103
(206) 684-4951

ENTRY MUST BE RECEIVED BY: MAY 23, 2003

NOTE: \$20.00 Fee for Late Entries from May 24-30

**NO
"DAY OF"
REGISTRATION**

Name _____
Last First Middle Initial

Address _____
Street City State Zip Code

Home Telephone () Work/Message Telephone ()

Emergency Contact Person Emergency Telephone ()

Sex: M ☐ F ☐ Birthdate: ____ / ____ / ____ Age as of June 19, 2003: ____
mo day year

Age Group: 50-54 ☐ 55-59 ☐ 60-64 ☐ 65-69 ☐ 70-74 ☐ 75-79 ☐
80-84 ☐ 85-89 ☐ 90+ ☐

In doubles, enter age division of youngest partner

June 20, 21: BADMINTON – Chief Sealth High School
☐ Singles ☐ Doubles ☐ Mixed / Doubles Partner: _____ Mixed Partner: _____
Available during the day? Yes ____ No ____ If not, how early? _____

June 20, (21, if needed): LAWN BOWLING – Jefferson Park Lawn Bowl 10:00 am
☐ Mixed (1 man & 1 woman) Mixed Partner: _____

June 20, 21: PICKLEBALL – "A" Division – Tournament Players - Chief Sealth High School
☐ Singles ☐ Doubles ☐ Mixed / Partner: _____ Mixed Partner: _____

June 20, 21: PICKLEBALL – "B" Division – Recreation Players - Sealth High School
☐ Singles ☐ Doubles ☐ Mixed / Partner: _____ Mixed Partner: _____

June 20, 21, (22, if needed) TENNIS – Chief Sealth High School 10:00 am – 9:00 pm
☐ Singles ☐ Doubles ☐ Mixed / Partner: _____ Mixed Partner: _____
Available during the day? Yes ____ No ____ If not, how early? _____

June 21: BASKETBALL – Sealth High School *Call for Team Entry Form*

**** OVER ****

Official Entry Form Information Continued:

June 21: BOWLING – West Seattle Bowl

☐ Singles ☐ Doubles ☐ Mixed / Partner: _____ Mixed Partner: _____
Singles at 11:00 am _____ Doubles at 1:00 pm _____

June 21: SWIMMING - Southwest Complex Pool

Freestyle	<input type="checkbox"/> 25	<input type="checkbox"/> 50	<input type="checkbox"/> 100	<input type="checkbox"/> 200	<input type="checkbox"/> 400
Backstroke:	<input type="checkbox"/> 25	<input type="checkbox"/> 50	<input type="checkbox"/> 100	<input type="checkbox"/> 200	
Butterfly:	<input type="checkbox"/> 25	<input type="checkbox"/> 50	<input type="checkbox"/> 100	<input type="checkbox"/> 200	
Breaststroke:	<input type="checkbox"/> 25	<input type="checkbox"/> 50	<input type="checkbox"/> 100	<input type="checkbox"/> 200	
Individual Medley:	<input type="checkbox"/> 100	<input type="checkbox"/> 200			

June 21: TABLE TENNIS – Chief Sealth High School (Limited to 2 singles/2 doubles)

☐ Singles Age: _____
☐ Singles Age: _____
☐ Doubles: Age: _____ / Partner: _____ Second Partner: _____
☐ Doubles: Age: _____ / Partner: _____ Second Partner: _____

Age of Youngest Partner Determines Age Division in Doubles

June 21 VOLLEYBALL - Delridge Community Center Call for Team Entry Form

June 7 TRACK & FIELD - West Seattle Stadium

*Note: Track & Field Meet will be combined with the Seattle Parks Athletics Meet
\$4.00 per event fee payable day of event*

TRACK EVENTS: (Note Change from Original Mailer)

<input type="checkbox"/>	11:00 am	3000 Meter Racewalk
<input type="checkbox"/>	11:45 am	100 Meter Dash
<input type="checkbox"/>	12:15 pm	1500 Meter Run
<input type="checkbox"/>	12:45 pm	400 Meter Dash (4 x 100)
<input type="checkbox"/>	1:00 pm	800 Meter Run
<input type="checkbox"/>	1:30 pm	200 Meter Dash
<input type="checkbox"/>	1:45 pm	1600 Meter Relay (4 x 400, 10 year brackets)

FIELD EVENTS:

<input type="checkbox"/>	9:30 am	Long Jump, Triple Jump
<input type="checkbox"/>	9:30 am	Shot Put, Discus follows Shot Put
<input type="checkbox"/>	11:00 am	High Jump
<input type="checkbox"/>	2:00 pm	Javelin Throw or immediately following last track event

FEES



In State Registration Fee For All Sports By May 23	\$10.00	\$ _____
Out of State Registration Fee For All Sports by May 23	\$20.00	\$ _____
Late Registration Fee Between May 24 - May 30	\$20.00	\$ _____

Participant Fee Per Event Entered \$5.00 x _____ \$ _____
of Events

(Except Track & Field - \$4.00 per event paid day of meet)

Plan to attend the Celebration of Athletes: Yes ____ No ____

Your Tax Deductible Contribution Would Be Appreciated \$ _____

TOTAL ENCLOSED: \$ _____

Mail Entry & Payment To: Seattle Parks & Recreation
Greater Seattle Senior Games
8061 Densmore Avenue North
Seattle, WA 98103

Entry Must Be Received BY: May 23, 2003
Late Entry Fee is \$20.00 *(between May 24-30)*
NO "DAY OF" REGISTRATION ACCEPTED



WAIVER

In consideration of acceptance of my entry, I do hereby for myself, heirs, and administrators waive and release any and all claims I may have against the Greater Seattle Senior Games, the various governing bodies, the various sport facilities, the various sponsoring agencies, and the representatives of these varying groups for any and all injuries suffered by me in any event, sport, or facility. I am familiar with the sport and with competition, and I agree to assume the risks of injury from my participation. I waive any right to any interest in pictures taken of me during the days of competition. I certify that I have no physical defects that would prevent me from competing. I take full responsibility for equipment used by me for damage or breakage.

Signature

Date



Seattle Parks & Recreation
100 Dexter Avenue North
Seattle, WA 98109

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&
GREATER SEATTLE SENIOR GAMES BOARD OF DIRECTORS***



The Greater Seattle Games would like to extend a heartfelt ' THANK YOU ' to the following organizations for their support and commitment to senior athletes:

*** SEATTLE PARKS & RECREATION DEPARTMENT**

DELRIDGE & SOUTHWEST COMMUNITY CENTERS

*** JEFFERSON PARK LAWN BOWL**

*** CHIEF SEALTH HIGH SCHOOL**

*** WEST SEATTLE BOWL**

GENERATION II USA, INC

Also a special " THANK YOU " to the following individuals for their support and contribution:

**The Senior Adult Staff of the Seattle Parks & Recreation
*Trevor Gregg, Linda Guzzo, Stacie Sheridan, Jayla McGill, Tim Pretare
Cheryl Brown, Mary Dalzell, Angela Smith***